

Sesame/Rockwood Camps



Menu 2025

Morning Snacks

(choices vary daily)

Fresh Fruit ... plums, peaches, apple slices and nectarines, Bagels, Nutri Grain Bars and Cereal Cups

Afternoon Snacks

(choices vary daily)

Variety of ice cream including, Sandwiches, Dixie Cups, Choc-o-Dips, refreshing Sherbets, Sorbets and more.

Sandwiches

Sliced Turkey American Cheese
Grape Jelly Wow Butter (soy based)

Bagel Bar

choice of cream cheese
or butter

Grab & Go Salads

Mixed Greens Tuna Salad Orange Slices
Diced Chicken Carrot Sticks Craisins
Cherry Tomatoes Shredded Cheese Pickle Chips
Celery Sticks Diced Cucumbers

Fresh Fruit & Yogurts
Variety of Dressings
Water

Dessert

Mandarin Oranges, Sliced
Peaches, Sliced Oranges
Chillin' Jello, Apple Sauce, and
Puddings

(choices vary daily)

Pasta Palooza

Penne with or without sauce

Sides

Roasted Vegetables, Whole Kernel Corn
Tomato Slices, Tater Tots, Rice Pilaf,
Broccoli with Cheese, Roasted Potatoes
(choices vary daily)

23 **Chicken Nuggets**



24 **Cheesy Pizza**



25 **PHILLY**
Steak Sandwich



26 **Mac & Cheese**



27 **All Beef Tacos & Toppings**



30 **Grilled Cheese**



July 1 **Meatball Sub**



2 **Chicken Tenders**



3 **Turkey Hot Dogs & Beef Burgers**

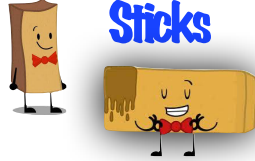


4 **happy 4th of JULY!**

7 **Grilled Chicken Sandwich**



8 **French Toast Sticks**



9 **Chicken Quesadillas**



10 **Baked Ziti**



11 **All Beef Tacos & Toppings**



14 **Cheesy Pizza**



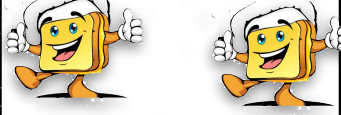
15 **Chicken Patty**



16 **Spaghetti with Meatballs**



17 **Grilled Cheese**



18 **Turkey Hot Dogs & Beef Burgers**



21 **All Beef Tacos & Toppings**



22 **Mac & Cheese**



23 **Chicken Nuggets**



24 **PHILLY**
Steak Sandwich



25 **Cheesy Pizza**



28 **Meatball Sub**



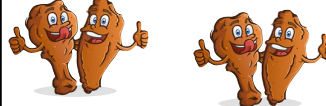
29 **French Toast Sticks**



30 **Turkey Hot Dogs & Beef Burgers**



31 **Chicken Tenders**



Aug. 1 **Hoagies/ Wraps**



4 **Chicken Quesadillas**



5 **Spaghetti with Meatballs**



6 **Grilled Chicken Sandwich**



7 **PHILLY**
Steak Sandwich



8 **Baked Ziti**



11 **Grilled Cheese**



12 **All Beef Tacos & Toppings**



13 **Turkey Hot Dogs & Beef Burgers**



14 **Chicken Nuggets**



15 **Cheesy Pizza**

